

# THE LEAST OF THE WORLD

OCTOBER 07<sup>TH</sup> 2011 - JANUARY 08<sup>TH</sup> 2012

49 NORD 6 EST - FRAC LORRAINE, METZ



OPENING: THURSDAY OCTOBER 06<sup>TH</sup> AT 7PM



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#### ARTISTS:

Marina Abramovic, Susanna Fritscher,  
Craigie Horsfield, Ann Veronica Janssens  
Tania Mouraud, Yazid Oulab, Ian Wilson  
&  
Charles Curtis, Jean-Claude Eloy, Morton  
Feldman, Henry Flynt, Catherine Christer  
Hennix, Éliane Radigue

#### ACCESS: Admission free

Tuesday-Friday: 2-7pm  
Saturday & Sunday: 11am-7pm

Group visits in English on request  
mediation@fraclorraine.org

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Open December 25<sup>th</sup> & January 1<sup>st</sup>

In search of *the least of the world*<sup>1</sup>... The FRAC Lorraine invites you into an exploration of your inner sensations stimulated by retinal and auditory waves and vibrations.

If meditation is at the heart of many religions and spiritual beliefs, not to mention medical practice, it may be that vacuity of the mind and altered states of consciousness are inherent to the functioning of our mind, of our brain. As corroborated by scientific research, the mind's functioning is characterized by its "plasticity," or its capacity to re-organize neural connections according to experiences undergone by the organism. Gerald Edelman, Nobel Prize winner in Medicine in 1972, goes as far as to speak of "neural Darwinism."

It is therefore "enough" to train one's mind so that it improves its sensory and conceptual disposition. To learn to meditate would be then one way of changing our inborn ways of feeling, and thus of being.

1- The French phrase was inspired by the title of a book by the poet and philosopher Roger Munier (born in Nancy in 1923, died in 2010, buried in Xertigny in the Vosges), *Le moins du monde*, Gallimard, Paris, 1982. The book of poems has not yet been translated into English.

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The FRAC Lorraine enjoys financial backing from the Lorraine Regional Council and the Lorraine Region Cultural Affairs Department (DRAC) at the Ministry of Culture and Communication.  
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1- Ian Wilson, *Chalk Circle*, 1968  
Courtesy Jan Mot, Brussels.  
Photo: César Delgado Wixan © the artist.

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FONDS RÉGIONAL D'ART CONTEMPORAIN  
DE LORRAINE

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THE LEAST OF THE WORLD

MORE ON THIS THEME...

Exhibitions

> *ERRE*

*Variations labyrinthiques*  
Centre Pompidou-Metz  
from Sept. 12<sup>th</sup> 2011  
[www.centrepompidou-metz.fr](http://www.centrepompidou-metz.fr)

> *Les mille rêves de Stellavista*

Centre d'art contemporain -  
La synagogue de Delme  
from Oct. 17<sup>th</sup> 2011  
[www.cac-synagoguedelme.org](http://www.cac-synagoguedelme.org)

We invite you to a meditative break, to an eclipse, to a search for invisible realities...

The selected works "materialize" in the form of preparatory or hypothetical sketches of meditative spaces (Tania Mouraud, Yazid Oulab, Ian Wilson); musical and colorful writing (Craigie Horsfield); "visual, nomadic propositions" (Ann Veronica Janssens); manifestations of a mental state (Marina Abramovic); and spaces inviting to contemplation (Susanna Fritscher).

The environment fills with sound, resounding with electro-acoustic music with a touch of Oriental traditions: Charles Curtis, Jean-Claude Eloy, Morton Feldman, Henry Flynt, Catherine Christer Hennix, Éliane Radigue... and the infinite descent of Ann Veronica Janssens and Michel François inspired by the work of Jean-Claude Risset

In association with Fragment for the selection of music and sound. → [www.fragment-asso.com](http://www.fragment-asso.com)

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Loaners : Centre national des arts plastiques ; Serge Le Borgne ; Jan Mot, Brussels and the artists. Thanks to the CCC - Centre de Création Contemporaine, Tours.

EVENT

THE WEEKEND OF NOVEMBER 18, 19 AND 20, 2011

*Between trance and transcendence.*

From meanders of thought to meditative states, from the quest for other levels of perception and knowledge of the world to the evocation of beings wandering in other spheres of reality, we invite you this weekend to a journey between three sites and three exhibitions.

Performances, concerts, conferences, and gallery tours explore the modalities of accessing altered states of consciousness, the question of the double, and creative divagations of meanings and forms.

In partnership with Centre Pompidou-Metz and the Centre d'art contemporain - La synagogue de Delme.

Complete schedule of events is available on our website in September : [www.fraclorraine.org](http://www.fraclorraine.org)